

Perception & Reality: Self-Image

ENG 104

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WHAT IS SELF-IMAGE?

We spend billions of dollars a year on our self-image. What is so important about self-image that it dominates our spending and plays an active role in many decisions we make on a daily basis? This assignment will explore both your personal self-image and the ways the people around us shape our self-image.

ASSIGNMENT

In this paper, you will draw directly on the readings from *Mirror on America* to support a claim you make about how you formed your own self-image. This paper will take the form of an essay with a thesis, supporting paragraphs, and the use of source material to support your claims.

This paper might discuss and analyze an experience you had in the past, connecting it to the similarities, or pointing out the differences, between your experiences and the readings. Or it might discuss how a part of your self-image conforms to or goes against norms. Or it might argue for the benefits or drawbacks of a particular part of your self-image.

Your goal is to demonstrate how specific experiences shaped a part of your self-image or your self-image at a particular time and support your claims with the outside readings.

Your paper needs to be 2-3 pages and to include at least 3 citations from the at least 2 of the assigned readings.

STARTING POINTS FOR EXPLORING SELF-IMAGE

- What is unique about my appearance?
- Have I ever been made fun of because of my appearance? Have I made fun of others?
 - Why did that happen?
- Have I been judged because of my appearance? Have I judged others?
 - Why?
- What aspects of my appearance do I control?
 - What aspects have I intentionally altered?
- What aspects of my appearance are beyond my control?
- How has my appearance been altered by medical procedures?
- What do I find beautiful or attractive in others' appearances? What do I find not attractive?
 - Where did I get these ideas?
- How do I feel about my appearance? Why do I feel the way I do?
- What cultural factors impact our views of ourselves or other people?

FORMAT

Your Exploring Self-Identity Project should follow standard writing conventions and the following format :

- You will need to give your project an interesting and relevant title (Not Exploring Self-Image).
- Your paper needs to have a heading in MLA style
- Your paper needs to have a header in MLA style
- Your paper should be double-spaced, with 1 inch margins, and 11 or 12 point font. Please use standard fonts such as Calibri or Times New Roman.
- You need to cite your sources in MLA style and include an MLA style Works Cited page.
 - THE WORKS CITED PAGE DOES NOT COUNT IN THE PAGE REQUIREMENT.

Last Name Page #
Your Name
Professor’s Name
Class Name
Day Month Year
Title
Paper, paper, paper, paper.....

IMPORTANT DATES

- Friday 1/29 In-progress project Teacher Review (Moodle)
- Friday 2/12 REVISED project for Workshop (Printed Copy in Class)
- Friday 3/25 Last Day to submit revisions for Teacher Feedback (EMAIL ONLY)

ASSESSMENT

The rubric below will be used to this project when it is submitted in your portfolio.

	Content	Organization & Purpose	Presentation	Requirements
An A Project (90-100 points)	<ul style="list-style-type: none"> • Presents a clear, focused claim about your self-image. • Clearly connects your self-image and experiences to the readings from <i>Mirror on America</i>. • Provides supporting information from your experiences and from the <i>Mirror on America</i> selections. • Is interesting and engaging to read. It makes the reader want to read more. 	<ul style="list-style-type: none"> • Has a clear thesis statement that makes a claim about self-image • Uses signal phrases to smoothly incorporate cited material into your writing • Uses transitions or directions for the reader that are clear and easy to follow 	<ul style="list-style-type: none"> • Correctly cites sources in MLA • Includes a correctly formatted MLA Works Cited Page • Is relatively free of minor grammar and spelling errors and contains no major errors 	<ul style="list-style-type: none"> • Meets the length requirement • Include at least 3 citations from at least 2 readings in <i>Mirror on America</i>
A B Project (80-89.5 points)	<ul style="list-style-type: none"> • Presents a mostly clear claim about your self-image, but has spots that could be explained better or more thought out. • Mostly clearly connects your self-image and experiences to the readings from <i>Mirror on America</i> but makes some connections that are unclear or not accurate. • Provides supporting information from your experiences and from the <i>Mirror on America</i> selections, but could use more information in a few spots. • Is interesting and engaging to read. It makes the reader want to read more. 	<ul style="list-style-type: none"> • Has a mostly clear thesis statement that makes a claim about self-image, but has spots that are unclear or unsupported • Usually uses signal phrases to smoothly incorporate cited material into your writing, but has a spot where the integration is awkward • Usually uses transitions or directions for the reader that are clear and easy to follow, but has a few spots where the direction of the paper is difficult to follow 	<ul style="list-style-type: none"> • Correctly cites most of the sources in MLA with one or two minor errors • Includes a correctly formatted MLA Works Cited Page with one or two minor errors • Is relatively free of minor grammar and spelling errors and contains no major errors 	<ul style="list-style-type: none"> • Meets the length requirement • Include at least 3 citations from at least 2 readings in <i>Mirror on America</i>
A C Project (70-79.5 points)	<ul style="list-style-type: none"> • Presents a claim about your self-image • Somewhat connects your self-image and experiences to the readings from <i>Mirror on America</i> but many connections are unclear or inaccurate. • Provides some supporting information from your experiences and from the <i>Mirror on America</i> selections but could use more to support your assertions in several spots. • Is generally interesting and engaging to read. It makes the reader want to read more. 	<ul style="list-style-type: none"> • Has a thesis statement that makes a claim about self-image, but doesn't make a clear claim or the rest of the paper does not always support that claim • Generally uses signal phrases to smoothly incorporate cited material into your writing, but needs to use them throughout • Is somewhat easy to follow, but has many spots where transitions or directions to the reader could be more direct, or spots where the purpose of a paragraph or section are unclear as a part of the whole project 	<ul style="list-style-type: none"> • Correctly cites at least 2 of 3 sources in MLA • Includes a mostly correctly formatted MLA Works Cited Page with no major omissions or errors • Has some minor grammar and spelling errors and a few major errors 	<ul style="list-style-type: none"> • Meets the length requirement • Includes at least 3 citations from at least 2 readings in <i>Mirror on America</i>

	Content	Organization & Purpose	Presentation	Requirements
A D Project (60-69.5 points)	<ul style="list-style-type: none"> Makes a weak claim about your self-image OR Makes a claim about self-image but doesn't connect it to your own experiences Minimally connects your self-image and experiences to the readings from <i>Mirror on America</i> Provides little or no supporting information from your experiences and from the <i>Mirror on America</i> selections Is not interesting and engaging to read. It does not make the reader want to read more. 	<ul style="list-style-type: none"> Has a thesis statement that makes a weak claim about self-image, but doesn't make a clear claim or the rest of the paper does not usually support that claim Minimally uses signal phrases to smoothly incorporate cited material into your writing Is not easy to follow, but has several spots where transitions or directions to the reader could be more direct, or several spots where the purpose of a paragraph or section are unclear as a part of the whole project 	<ul style="list-style-type: none"> Correctly cites at least 1 of 3 sources in MLA Includes a somewhat correctly formatted MLA Works Cited Page with a few major omissions or many errors Has many minor grammar and spelling errors and a few major errors 	<ul style="list-style-type: none"> Does not meet the length requirement Does not Include at least 3 citations from at least 2 readings in <i>Mirror on America</i>
An F Project (Less than 60 points)	<ul style="list-style-type: none"> Presents information about your self-image, but does not make a claim OR Makes a claim about self-image but doesn't connect it to your own experiences Rarely or never connects your self-image and experiences to the readings from <i>Mirror on America</i> Provides little or no supporting information from your experiences and from the <i>Mirror on America</i> selections Is not interesting and engaging to read. It does not make the reader want to read more. 	<ul style="list-style-type: none"> Has little or no obvious direction Has no clear thesis statement OR does not clearly support the thesis statement in the paper Rarely or never uses signal phrases to incorporate cited material Is not easy to follow because it is missing transitions or directions to the reader OR Is not easy to follow because it has too many spots where the purpose of a paragraph or section is unclear as a part of the whole project 	<ul style="list-style-type: none"> Correctly cites none of the sources in MLA Includes an incorrectly formatted MLA Works Cited Page with several major omissions or errors OR includes no Works Cited page Has many minor and several major grammar and spelling errors 	<ul style="list-style-type: none"> Does not meet the length requirement Does not Include at least 3 citations from at least 2 readings in <i>Mirror on America</i>